



Welcome to

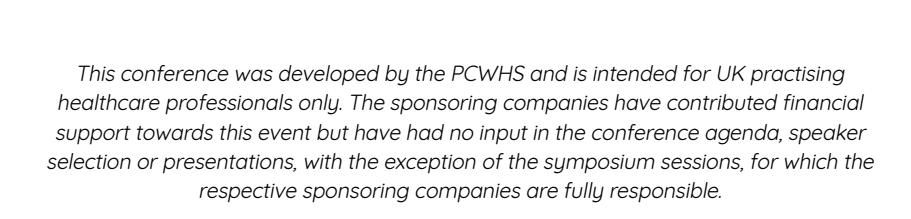
PCWHS Annual Conference 2026:

Her life, her health in balance – hormones, health and the female experience

Friday, 5th June 2026

Royal College of Obstetricians & Gynaecologists, London

Thank you to our sponsors



This conference was developed by the PCWHS and is intended for UK practising healthcare professionals only. The sponsoring companies have contributed financial support towards this event but have had no input in the conference agenda, speaker selection or presentations, with the exception of the symposium sessions, for which the respective sponsoring companies are fully responsible.

*Bayer plc have paid to have a sponsored symposium and promotional exhibition stand at this meeting.

Agenda

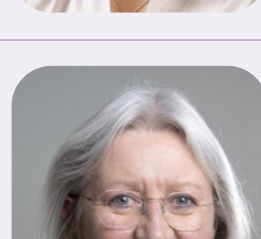
Friday, 5th June 2026

Time	Session*
08:15-08:50	Arrival, exhibition and networking
08:50-08:55	Chair's introduction Speaker: Dr Julie Oliver
08:55-09:30	Contraception - hormone hesitancy Speaker: Dr Frances Yarlett
09:30-10:05	Impact of hormones on skin and dermatological conditions - beyond the genitals Speaker: Dr Catherine Fernando
10:05-10:35	LARC - a way forward Speaker: Dr Diana Mansour <i>This promotional symposium is part of the Women's Health Matters Educational Programme that is organised and fully funded by Bayer</i> <small>PP-PF-WHC-GB-1877 May 2026</small>
10:35-10:55	Refreshments, exhibition and networking
10:55-11:35	Morning workshops Troubleshooting HRT Speakers: Dr Amy Tatham and Dr Lindsey Thomas The UKMEC update for contraception Speakers: Dr Toni Hazell and Dr Stephanie Cook Managing bleeding disorders Speakers: Tracey Elliott and Dr Anne Connolly
11:35-11:40	Return to main hall
11:40-12:10	Navigating contraceptive conundrums in the current landscape Speaker: Dr Diana Mansour <i>This promotional symposium has been organised and sponsored by Exeltis UK. Exeltis products may be discussed.</i> <small>EXE-E/INP-CORP-2888-v1 May 2026</small>
12:10-12:50	Lunch break
12:50-12:55	Opening the afternoon Speaker: Dr Alison Wright
12:55-13:30	Endometriosis Speaker: Prof Christian Becker
13:30-14:05	PMS PMDD hormone sensitive mood disorders Speaker: Dr Clare Spencer
14:05-14:35	HIV testing is a shared responsibility Speaker: Dr Daniel Trotman <i>Organised and funded by Gilead Sciences Limited</i>
14:35-14:55	Afternoon refreshment break
14:55-15:35	Afternoon workshops Troubleshooting HRT Speakers: Dr Amy Tatham and Dr Lindsey Thomas The UKMEC update for contraception Speakers: Dr Toni Hazell and Dr Stephanie Cook Managing bleeding disorders Speakers: Tracey Elliott and Dr Anne Connolly
15:40-15:45	Return to main hall
15:45-16:20	GSM including sex after cancer Speaker: Dr Charlotte Gooding
16:20-16:25	Review, feedback and close Speaker: Dr Julie Oliver and Dr Lindsey Thomas

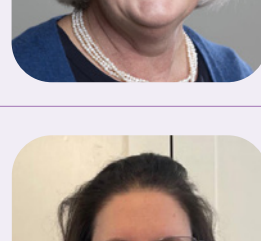
Speakers and Workshop Facilitators



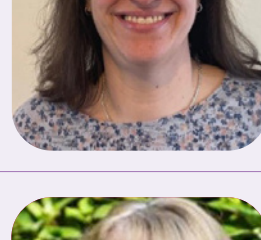
Dr Julie Oliver
PCWHS Chair, GPwSI Women's Health, Durham



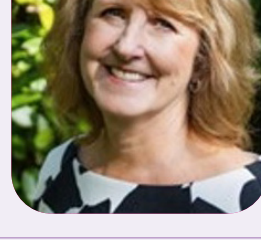
Dr Lindsey Thomas
PCWHS Vice Chair, GPwSI Women's Health, Sheffield



Prof Christian Becker
Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery



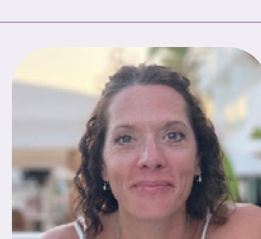
Dr Anne Connolly MBE
GPwSI Gynaecology, Bradford



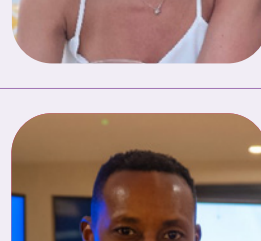
Dr Stephanie Cook
GPwSI Women's Health, Liverpool



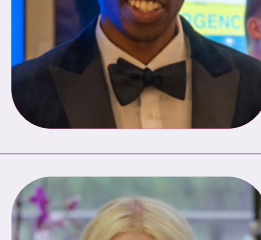
Tracey Elliott
Advanced Nurse Practitioner (ANP), Lead Nurse, County Durham



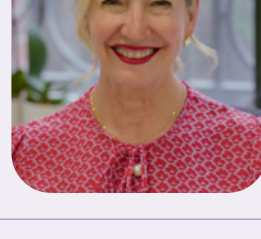
Dr Catherine Fernando
GPwSI Dermatology, East Lothian



Dr Charlotte Gooding
GP and British Menopause Society Accredited Menopause Specialist, Newcastle



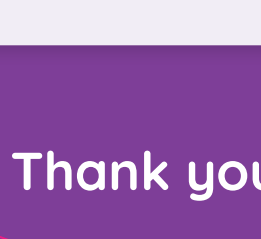
Dr Sarah Gray
GPwSI Women's Health, Cornwall



Dr Toni Hazell
PCWHS Clinical Director, GP, Appraiser, Freelance Medical Writer and Editor, London



Dr Diana Mansour
Associate Clinical Lecturer, Newcastle University



Dr Clare Spencer
GPwSI Women's Health, British Menopause Society Accredited Menopause Specialist



Dr Amy Tatham
GP Partner, The Ridge Medical Practice, Bradford, GPwSI Gynaecology, BMS Menopause Specialist, FSRH Trainer

Dr Daniel Trotman
Consultant in Sexual Health and HIV, Kingston Hospital

Dr Alison Wright
President of the RCOG, Consultant Obstetrician and Gynaecologist, London

Dr Frances Yarlett
GP Partner, Sheffield, Medical Director, The Lowdown

Thank you for your attendance